



The Integrated PN Protocol, which consists of a physical therapy treatment regimen and Near Infrared Light (NIR) therapy:

- **Alleviates Nerve Pain**
- **Increases Sensation**
- **Improves Balance**

Many patients can return to important day-to-day activities, including more regular and uninterrupted sleep.

Based on Nobel-Prize-winning science, NIR therapy has been evaluated in multiple medical research studies. The results: reduced pain and increased circulation. HealthLight offers FDA-cleared foot and leg pads to treat your affected areas with clinical-grade NIR.



**Contact Dr. Brown at
ESSIE M. B. SMITH
FOOT CLINIC
for more information.
334-271-3333**

IT'S TIME TO LIVE
A LIFE YOU LOVE
**FREE OF
NERVE PAIN**



“ I was headed toward a walker or even a wheelchair. I know there are many people it can help as much as it helped me. ”

**BETH DAWSON,
NEUROPATHY PATIENT**

View NIR research, testimonials and detailed protocol information at
www.healthlightllc.com





You're not alone in suffering debilitating nerve pain. More than 20 million Americans also experience these symptoms, and that number is expected to grow.

There's good news

You can break the cycle of worsening nerve pain by joining the growing number of people receiving life-changing relief from a drug-free treatment that's effective, backed by science, convenient and painless to use.

HealthLight treatment

is easy, involves no drugs, is pain-free and can be done in the comfort of your home while you read, lie in bed or watch TV.

HealthLight therapy takes less than 40 minutes per day.

There are no side effects and most people tell us they experience noticeable relief of pain and tingling as circulation improves. Many notice a difference within weeks of starting treatment.

Let's see if HealthLight is right for you. What stage are you on the peripheral neuropathy pain progression?



NORMAL
OK!



MODERATE
Sensation of Bees Stinging Bottoms of Feet
Sensitivity to Touch
Restless Legs Syndrome
Moderate Shooting/Burning Pain
Trouble Sleeping



MINIMAL
Tingly or Numb Feet
Intermittent Pain



SEVERE
Severe Shooting/Burning Pain
Difficulty Walking/Balance
Severe loss of Sensation
Beginning Signs of Falling and Catching One's Self



MILD
Tingly or Numb Feet
Mild Sensation of Bugs Crawling Across Feet
Stocking and Glove Sensation
Mild Shooting or Burning Pain



CRITICAL
Complete Loss of Sensation
Increased Falls and Injuries
Loss of Temperature Sensation
Atrophy of Muscle/Weakness
Ulcers or Slow Healing Wounds
Amputation